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After Dental Implant Surgery

After dental implant surgery, it is recommended that you take it easy for 48-72 hours. Resting assists the healing process and limits after surgery bleeding. Drink plenty of fluids, but nothing too cold. You may need to apply an ice pack to your face in twenty-minute intervals for the 2 days following surgery. If you received upper implants, do not blow your nose for two weeks. It is common to experience slight bleeding for about two days after surgery. You will feel slightly uncomfortable the first two days following surgery, but the third day is generally better. An increase in temperature of about 1 to 2 degrees is to be expected and is not a cause for concern. Finally, while you can eat when you are hungry, do not chew directly onto the bone graft.